

DIAGNOSTIC CRITERIA FOR PASSIVE DEPENDENT PERSONALITY DISORDER

Diagnostic and Statistical Manual IV, Text Revision (DSM-IV-TR)

Dependent Personality Disorder (DSM-IV-TR, 301.6)

A pervasive and excessive need to be taken care of that leads to submissive and clinging behavior and fears of separation, beginning by early adulthood and present in a variety of contexts, as indicated by five (or more) of the following:

1. Difficulty making everyday decisions without an excessive amount of advice and reassurance from others.
2. Need for others to assume responsibility for most major areas of his or her life.
3. Difficulty expressing disagreement with others because of fear of loss or support or approval. (Does not include realistic fears of retribution).
4. Difficulty initiating projects or doing things on his or her own because of a lack of self-confidence in judgment or abilities rather than a lack of motivation or energy.
5. Goes to excessive lengths to obtain nurturance and support from others to the point of volunteering to do things that are unpleasant.
6. Feels uncomfortable or helpless when alone because of exaggerated fears of being unable to care for himself or herself.
7. Urgently seeks another relationship as a source of care and support when a close relationship ends.
8. Unrealistically preoccupied with fears of being left to take care of himself or herself.

International Classification of Diseases 10 (ICD 10)

Dependent Personality Disorder (ICD 10, F60.7)

Personality disorder characterized by at least three of the following:

1. Encouraging or allowing others to make most of one's important life decisions.
2. Subordination of one's own needs to those of others on whom one is dependent, and undue compliance with their wishes.
3. Unwillingness to make even reasonable demands on the people one depends on.
4. Feeling uncomfortable or helpless when alone, because of exaggerated fears of inability to care for oneself.

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5. Preoccupation with fears of being abandoned by a person with whom one has a close relationship, and of being left to care for oneself.
6. Limited capacity to make everyday decisions without an excessive amount of advice and reassurance from others.